CSS KOALAS

**Is your child 0-5 years old?**

**Come along to our**
**Wednesday morning activities**
**from 9:00am to 10:30am**
**Where: Behind the library**
**Taking Prep Enrolments NOW**
**Phone 4672 9222**

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**Birth certificates for children starting in 2017 Prep Year**

Parents of children born between 1 July 2011 and 30 June 2012 who are starting Prep in 2017 will need a birth certificate to enrol them in the Prep Year.

The Registry of Births, Deaths and Marriages is encouraging parents to apply for birth certificates now to avoid the new school year rush.

To apply for a standard or commemorative birth certificate you can:

- visit the registry at 150 George Street, Brisbane or your nearest courthouse.

Don’t leave it to the last minute – apply for a birth certificate now.


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**Curriculum Corner with 5C**

The class began the term with Mr McKay for the first two weeks while Mrs Meyer was enjoying the last part of her Long Service Leave in North America. Week 3 saw 6 students away with the Instrumental Music Camp, HRE lessons, Life Education Van visit and the start of swimming lessons!

Several of the class are working hard on their oral presentations in their quest to be the 2017 school captains. Others are looking forward to next year to try out for Sports Leaders.

So far this term, students have read “Storm Boy” and will be completing a review of the book as well as comparing the book and the movie. Their Art assessment is also based on the book. Science involves the topic of “Matter” involving solids, liquids and gases. The Geography unit is about “Exploring how places are changed and managed by people”.

This is a very timely unit, as it looks at the causes and impact of bushfires, floods and storms. In Maths this term, there is a lot of consolidation of work covered throughout the year in preparation for their transition to Year Six next year. The next 3 weeks will involve a significant amount of assessment in most subject areas.

Congratulations to Bronwyn Hicks for her participation in the State Athletic Titles this week, (doing a P.E. for the 200 metres), and Holly Sturgess for a credible 7% at the Australian National Inter-school Championships held in Sydney.

A big congratulations to the whole class for applying themselves to the assessment tasks covered this week.

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**INSERTS**

- High Five Awards

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**Year 6 Camp payment due**

Final Payment for the Year 6 Camp is this Friday 28th October
From the Principal's Desk

It gives me great pleasure to announce that Chinchilla State School has been selected as a finalist in the School Community Award category of the 2016 Autism Queensland Creative Futures Recognition Awards.

Winners will be announced at a special event hosted by His Excellency, the Governor of Queensland, the Honourable Paul de Jersey AC, at Government House, Brisbane on Friday, December 2, 10am-1100am.

I would like to take this opportunity to sincerely thank and pay my respects to those who took the time to acknowledge the collective efforts of the Chinchilla State School community through nominating our school for this very special award. Of course, a recognition of this significance does not come from the single efforts of any one person, it is a team effort. While these awards are acknowledged and celebrated by Autism Queensland, an effective school community is built and based on shared beliefs, understandings and the contributions of all parents, all students, staff and local community members. A culture that promotes inclusive learning stems from upholding strongly embedded school values, and our values of Learning, Respect, Responsibility, Safety and Belonging underpin the school’s vision of ‘All students learning to the best of their abilities.’

Congratulations Chinchilla State School and thank you.

Letters to Paediatricians

From time to time teachers are approached by parents to write letters of support for paediatric referrals. This is something our school continues to do as it not only links directly with improved student outcomes, but also strengthens the relationship between the school and the family unit. At present we are receiving higher than normal volumes of these requests and as such I am sure you have begun the process of implementing a school-wide policy to support families, students, and paediatricians with these endeavours.

In order to best support all stakeholders by providing the requested, most accurate information, I have informed all staff that from today toward the policy at Chinchilla State School for all medical and paediatric referrals is as follows:

First time referrals

In the instance where a child is being referred to a medical specialist for the first time, parents are encouraged to request the letter by discussing the student’s needs and well-being with the classroom teacher. This is best achieved through a parent teacher conference, where the child’s needs can be discussed in great detail. Quite often these discussions can significantly add to the teaching and learning process in the classroom, and all parties are fully aware of how he or she is progressing. The classroom teacher will then speak with either the Head of Special Education Services or the Principal, at which time further information will be gathered and the letter of referral will be compiled. Please note that it is the school policy to forward these letters directly to the paediatrician or specialist.

On-going appointments and check-ups

Our school is also very happy to support families by writing additional letters of support for on-going medical appointments, particularly if the school has noticed a significant change in a child’s well-being, academic positioning or other cognitive changes. Please note however, that I have informed all staff at Chinchilla State School that these requests come directly from the paediatrician or medical specialist. This measure has been put in place to ensure that the information being given directly addresses the request by the specialist or medical specialist, and opposed to just a general overview. In the instance where a follow up letter is being requested, parents are asked to ensure that the medical specialist contacts the school directly, either by phone or by emailing the Head of Special Education Services or Principal. Those email addresses are available on request. Please don’t forget to let us know that you have asked your medical practitioner to contact the school, so that we ensure we look out for the emails.

In summary, the school is very happy to support all students and families with medical referrals. First time referral requests come directly from the parents and a parent teacher conference is held prior to the writing of the letter. All ongoing appointment referral letters are requested directly from the specialists.

Class Attendance

Term 4, Week 3 overall class attendance:

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<tr>
<th>Year Level</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Prep</td>
<td>93.9%</td>
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<tr>
<td>Grade 2</td>
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<tr>
<td>Grade 4</td>
<td>91.6%</td>
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<tr>
<td>Grade 5</td>
<td>91.7%</td>
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</table>

Target: 95%

Congratulations to 2B for the highest attendance percentage of 100% for Week 3.

Congratulations to all of our students who exhibit excellent attendance and a special thank you to our parents for their strong support.

Access to Staff

As the school year draws to a close, the busier a school becomes finalising the school year and preparing for the next. Preparations are well underway for Presentation Day, the Year 3-6 swimming carnivals, Celebration Day, Year 6 transition, and final assessments and reporting.

To assist the school staff during this busy time of the year and to ensure personnel are available for discussion, it is necessary to make an appointment.

Appointments to speak to members of the Administration team can be made at the front counter.

Should you wish to speak to your child’s class teacher, please make contact to arrange a suitable time for both yours and the teacher. By setting a time suitable for both parties will ensure that staff are available and that your discussions will not be interrupted.
PBL Update

Responsibility - I complete set tasks

A respectful, orderly, and safe school is the foundation for a successful learning environment. Children and adults have a right to expect standards of behaviour which allow teaching and learning to take place, and which make school a happy and respectful place for all.

Responsibility is an admirable trait and leads to further gains. Responsibility isn’t just about Children doing their homework or putting rubbish in the bin; it is making proper choices and doing the right thing because they were asked to complete a task. But they can’t show responsibility without having it, showing and having responsibility can, and will, pay off.

This week’s Value lesson will help students become aware of the importance of completing set tasks whilst at school and other social settings. Students will be able to identify and demonstrate inappropriate and appropriate responses to complete set tasks.

Classes continue to tally their overall number of orange slips. Many of our classes have reached their first milestone of 500 and have enjoyed a class reward and are working towards their 1000 milestone. Congratulations to 4A who have reached the 2500 milestone. Their tremendous effort to do their best and to follow our school values rewards them with new learnings, a sense of accomplishment and an understanding of what can be achieved when we all work together. Class achievements are recorded on the large thermometer in the Undercover Area.

Chinchilla State School’s P&C Association supports the PBL program in the school and has two representatives on the PBL Committee, Mrs Tanya Kidd & Mrs Leanne Evans.

Sun Safety

Chinchilla State School is a SunSmart School.

What does this mean? The Queensland Cancer Council does not accept caps as offering adequate protection from the sun. To be a Sun Smart School, the uniform policy has to be that children wear a hat with a brim or cap with a flap at the side and back. Only children wearing hats with a brim will be allowed to play in the sun.

Unfortunately, caps are the preferred choice of many children, particularly as they get older. CSS P&C and staff realised in making this decision that it may not be popular with some children and parents, but believed that education of children to wear sun safe hats was the responsible thing to do, with Queensland’s skin cancer rate being the highest in the world. The fact is that a hat with a brim offers much more protection from the damaging effects of the sun than do caps.

Parents are asked to understand why this decision has been made and to discuss the reason for the decision with their children and support the wearing of hats with a brim.

School bucket hats are available from the Tuckshop. Any hat with a brim is acceptable.

Getting to School Safely — Safety steps

Queensland Transport said parents play a vital role in teaching their children how to safely walk to and from school safely. Ideally, young children should always be accompanied by an adult. Parents should walk to school with primary school children so they can point out the dangers to them. While walking with them, talk about what you’re doing and explain what they need to watch out for.

Show children the safest routes to and from school, this is usually the way with the least traffic and the fewest roads to cross. Children should always walk on the footpath as it is the safest place for them to walk. Discourage children from playing with toys or balls when walking as they may dash onto the road to retrieve them.

Parents should also teach their children to look out for vehicles coming in and out of driveways. To cross the road safely, teach children to stop at the kerb, look right, look left, look right again, listen for cars coming, and think (is it safe to cross) before crossing the road. Ask your children to explain those steps back to you so you can make sure they really do understand what to do.

Encourage children to cross roads where there is a school crossing supervisor. If there is a school crossing supervisor, teach your child to obey them at all times and only cross when the supervisor has signalled that it is safe to do so.

Value Champion recipients from yesterday’s assembly.
Sports with Mr Clarke

We are now in week 4 of Term 4. Time is flying by. Last week we started our swimming lessons and there is a lot happening. Keep up the great work and keep striving for your best as we work through this busy time.

A reminder that as the weather heats up we need to be mindful of how much water we are drinking. Also be conscious of wearing a hat and sunscreen any time outdoors. Classes have a sunscreen bottle that students can use and students need to have a hat on their head to participate in HPE classes and during lunch time play.

Last week Bronwyn Hicks attended the state trials for 200m. She represented our school, our District and our Region with pride. She was a little off the pace from the sprinters at that level although she managed to run a Personal Best. Shows great strength of character to be able to stand tall during such times and be able to perform at such a high standard. Great work Bronwyn.

School Banking

Students are reminded to hand there banking to the class teacher each Wednesday for banking.

If you would like to do School Banking, please visit your local Commonwealth Bank to enquire about opening a Youth Saver account.

Healthy Hints

Breakfast

Breakfast is considered an important meal because it breaks the overnight fasting period, replenishes your supply of glucose and provides other essential nutrients to keep your energy levels up throughout the day.

Glucose is the body's energy source. It is broken down and absorbed from the carbohydrates you eat. In the morning, after you have gone without food for as long as 12 hours, your glucose levels have dropped. Your body compensates by releasing the glucose that has been stored in your muscle tissue and liver, called glycogen.

Once all of the energy from the glycogen stores is used up, your body starts to break down fatty acids to produce the energy it needs. Without carbohydrate, fatty acids are only partially oxidised, which can cause reduced energy levels. So eating breakfast can boost your energy levels as well as your metabolism for the day.

Skipping breakfast

Extensive research in Australia and overseas has found:

- Many children who skip breakfast are significantly heavier than those who eat breakfast.
- Skipping breakfast can diminish mental performance. Breakfast helps learning, as you are better able to pay attention and are more interested in learning.
- Eating high fibre breakfast cereals reduces fatigue.
- Children who eat an inadequate breakfast are more likely to make poor food choices for the rest of the day and in the long term.

People who eat breakfast have more nutritious diets than people who skip breakfast. They also have better eating habits as they are less likely to be hungry for snacks during the day.

‘Going without’ becomes more common with advancing age – approximately 15 percent of teenagers and one-third of adults don’t eat breakfast.

(Taxonomy is from the Victorian Government’s Better Health website)

Tuckshop Roster

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<th>Wed 2.11.16</th>
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<tr>
<td>Jojo Washam</td>
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Fri 4.11.16

Reminder: Tuckshop is every Monday, Wednesday and Friday

Support Your School’s P&C Be a Volunteer A Great Way to Meet New Friends