ATHLETICS CARNIVAL

Congratulations to all of the students who attended the Athletics Carnival last Friday. It was a fantastic day but it would not have happened without a lot of support from staff, parents (time keeping and working in the tuckshop), Mrs Trundle for organising the tuckshop, Mrs Clark for getting the program done up and all of the students who turned up to support their house. A big congratulations to the following students who received Age Champion honours for their age.

2009
Sage Chuter (Marlo)
Nia Wessling (Wareen)

2008
Kia Hardy Thompson (Marlo)
Layne Holm (Marlo)

2007
Emily Swoboda (Wareen)
Nathan Rollings (Goroke)

2006
Bronwyn Hicks (Baradine)
Ky Hurley (Marlo)

2005
Courtney McGregor (Baradine)
Aiden Cox (Marlo)

OVERALL:
4th: Goroke (768 points)
3rd: Wareen (805 points)
2nd: Baradine (918 points)
1st: Marlo (929 points)

Dalby Eisteddfod

Last week, over 100 Chinchilla State School Instrumental Music students travelled to Dalby to compete in the annual Dalby Eisteddfod. Students performed in various solo, duet, trio, quartet and quintet sections in addition to the highly competitive Concert Band and Beginner Band sections. Students are commended on the incredible commitment they demonstrated throughout the year in preparation for this competition.

<table>
<thead>
<tr>
<th>Section</th>
<th>Competitor</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Band</td>
<td>Chinchilla State School</td>
<td>1st Place</td>
</tr>
<tr>
<td>Any combination of 3-9 Instruments</td>
<td>CSS Trumpet Quartet</td>
<td>Highly Commended</td>
</tr>
<tr>
<td>Modern Woodwind Solo</td>
<td>Rashmi Chandran</td>
<td>1st Place</td>
</tr>
<tr>
<td>Modern Guitar Solo</td>
<td>Tyrone Evans</td>
<td>2nd Place</td>
</tr>
<tr>
<td>Woodwind Duet</td>
<td>Nazia Swoboda &amp; Perceaus Niru</td>
<td>2nd Place</td>
</tr>
<tr>
<td>Primary Beginner Band</td>
<td>Chinchilla State School</td>
<td>3rd Place</td>
</tr>
<tr>
<td>Any other instrument combination-Duet</td>
<td>Mia Graham and Frances Mills</td>
<td>1st Place</td>
</tr>
</tbody>
</table>

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[Ad images and logos]
From the Principal's Desk

Congratulations to Mattoo House for taking out the 2017 Chinchilla State School Athletics Carnival on Friday last week. A very big thank you must go to Mr Clarke and Mr Holdsworth, along with all of the teachers, parents and staff who supported us on the day. It was a very big carnival with excellent participation rates in each event. It was great to see so many of our new students step up and give the day 100%. Thank you to the P&C for running the canteen and for once again supporting our school and students. Congratulations to the 73 students who represented our school at today's District Athletics Carnival. Well done and thank you to your families for the ongoing support.

Special mention must be made this week in support of Mrs Kellie McKenzie and her Instrumental Music students. Congratulations to our Concert Band who took out first place at the Dalby Eisteddfod last week, and to our Beginner Band who received a 3rd place for their piece. I know Mrs McKenzie has included more detail as to the individual place getters further in this edition of our Bulletin. Congratulations to all our students and their families. Well done, Mrs McKenzie!!

Josh Arnold returned to our school today to begin recording our fifteen songs and to start the filming for our Play the Game film clip. Please ensure that you have returned your media release form to the school. Students who have not returned the media release form will not be participating in any of the filming. Don’t forget our school concert on Thursday the 6th of October in our school hall. The CD and the film clip will be unveiled at the concert. Please come along and don’t forget to invite Grandma.

Thank you once again to our very dedicated P&C and the extended rail ride committee for all of their efforts last weekend. It was a fantastic weekend and everyone involved should be very proud of the collective efforts in support of our school. Thank you also the our staff for their dedicated assistance over the weekend. Without our dedicated P&C and our staff, this weekend would not be possible. THANK YOU!

Finally, we are currently experiencing higher than normal levels of student and staff illness. As you would have heard on the news and across social media there are a significant number of nursing homes and hospitals that have been locked down due to illnesses such as Influenza and Gastro. While we are all about promoting strong school-wide attendance, there is no point sending your child to school if he or she is unwell. If your child has a cold or flu and is struggling, or if he or she has vomiting or other related illness, please keep them home from school until all symptoms have cleared.

Class Attendance

Term 3, Week 5 overall class attendance:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Attendance Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>90.33%</td>
</tr>
<tr>
<td>Grade 2</td>
<td>90.00%</td>
</tr>
<tr>
<td>Grade 3</td>
<td>89.76%</td>
</tr>
<tr>
<td>Grade 4</td>
<td>89.82%</td>
</tr>
<tr>
<td>Grade 5</td>
<td>87.60%</td>
</tr>
<tr>
<td>Grade 6</td>
<td>84.00%</td>
</tr>
</tbody>
</table>

Target: 95%

Total days lost to absenteeism in Week 5 was 208 days.

Please ensure you are contacting the school everyday that your child is away from school.

Congratulations to 2D for the highest attendance percentage of 100% for week 5.

Discipline

Information is from “Parenting Ideas” – 1997 Michael Grose

Discipline is a necessary part of parenting, yet it is often misunderstood. It is usually associated with punishment – smacking, humiliation and other types of inhumane action. Effective discipline teaches children about appropriate behaviour. Good discipline encourages them to take responsibility for their own actions. It doesn’t involve physical harm or verbal put-downs. However, it does require firmness and a willingness to speak to children with respect, even if they don’t always respond to us in kind.

- Establish clear limits and boundaries for children. Rules need to be clear and specific. “Be home by six o’clock” is more effective than “don’t be late.”
- Stop, think and go against your first impulse when children misbehave. If you feel like losing your cool with your children take a walk, phone a friend or even count to ten before interacting with them.
- Cue children once when giving instructions or directions. Repeated requests or threats only encourage “parent deafness” in children.
- Act when children don’t stick to the limits or refuse to cooperate. Rather than nag or coax children into doing the right thing implement a consequence that is related to their misbehaviour. For instance, children who constantly come home late can stay home next time and toddlers who leave toys around can lose them for a while.
- Pinpoint the reason for the children’s behaviour. As much of their misbehaviour is to get their parents’ attention our initial reaction often encourages it further. If you constantly nag children at bedtime, coax attention-seekers to cooperate and argue with determined teenagers – try changing the way you respond.

Encourage children at every opportunity. Children who are difficult to deal with generally lack self-confidence and doubt their self-worth so they need constant encouragement.

Remember, consistency rather than severity is the key to effective discipline.
Bell Street Bulletin
Chinchilla State School

PBL Update

This week’s value is: Respect
Our rule for the week is: Walk quietly and orderly so that others are not disturbed.

Teaching a child what behaviour is expected of them is a daily process. Knowing how to act appropriately in public, how to subtly answer a telephone, introducing oneself properly to others, using a knife and fork correctly, and saying “Please” and “Thank You” are some of the skills every young person should master. After all, these skills are beneficial for the rest of their lives. Children who don’t have social graces are likely to have a more difficult time with friends, family, and teachers. These social skills are often referred to as having good manners or correct etiquette.

In a school, the transition from one work area to another such as the classroom to the music room or library can be disruptive for a child’s learning and also for the learning of others. This week, students will be made aware of the need for ‘transition etiquette,’ exploring the impact of walking quietly and orderly around the school. The foundation of this etiquette is kindness to others; treating others as you would like to be treated.

“No act of kindness, no matter how small, is ever wasted.” - Aesop

Chinchilla State School’s P&C Association supports the PBL program in the school and has three representatives on the PBL Committee, Mrs Tanya Kidd, Mrs Lauren Evans & Mr Steven Luckraft.

Curriculum Corner with 6B

6B can’t believe that it’s already more than half way through Term 3.

We have been learning about 3D shapes, number properties and multiplication and division in Maths. In Science we have been investigating electricity. Did you know that two lemons have enough voltage to light up an LED? In English, we have been reading this really awesome book called, “Don’t Put the Wombat in the Bomb.” It is about a bunch of year 6 students going on camp and their dislike for a teacher nicknamed, ‘The Bomb’. In the book we have been identifying language features such as similes, onomatopoeia, alliteration, personification and metaphors. In Geography we have been exploring maps and atlases, looking closely at latitude and longitude. As well as looking at mapping conceptions using, BOLTSS. This is an acronym for Border, Orientation, Legend, Title, Scale and Source.

Our class is super excited about the week ahead. Josh Arnold is back and we are ready and raring to kick start our singing careers. Our song about graduation has brought up many deep feelings about leaving primary school. We have realised that there is only 14 weeks until we graduate and head off to high school. We are mostly excited but also a little nervous at the same time.

We have learnt so much already this term, but also know that we still have so much more to learn.

Value Champion recipients from Year 2 at yesterday’s assembly:

Staffing Update

During Term 3 and 4 this year, we have a number of teaching students from various universities here undertaking training. They will be working alongside teachers in classrooms, as part of their placement.

We would like to welcome: Maddie Hazencam, Georgina Proberts, Ashley Leonard, Tarni Price, Renee Stewart, Carmin Pugh, Emily Irwin, Renee Richards and Siyvthon Jones.

We hope you enjoy your time and new challenges here at Chinchilla SS.
P&C News

Multi-draw Raffle Winners

The winners of the multi-draw raffle run in conjunction with the trail ride were:

- **1st prize**: Honda CRF50, sponsored by McDonalds Chinchilla and supported by Mini Motors Chinchilla - N Clarke
- **2nd prize**: 32lt Engel Fridge sponsored by Johnson Quality Builders - S Scheuerle
- **3rd prize**: 3-month gym membership from Max Fitness - N Muler
- **4th prize**: $100 gift card from Keating Bros Hardware - J Verdon
- **5th prize**: 27lt Waeco esky + $25 BP gift card from BP Chinchilla - T Iverson
- **6th prize**: $50 gift card from Woolworths Chinchilla - Acaia Motel

All winners have been notified. Thank you to the awesome businesses that sponsored, supported or provided the prizes. Thank you to Bal Keating who coordinated the distribution and collection of raffle ticket books to school families and thank you to all those that sold and bought tickets!!

2017 School Opinion Survey now open

Parents/caregivers, school staff and a random sample of students are encouraged to have their say in this year's School Opinion Survey by providing their opinions about what our school does well and how our school can improve.

Access details for the parent/caregiver survey have been sent home with students, and parents/caregivers are welcome to complete their survey online. School computers can be made available if required.

The survey is open until Friday 25 August 2017.

If you have not received your invitation letter or require further information, contact the school office or visit the Education website.

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**Healthy Hints**

Brain Food is an important part to a student's day at Chinchilla State School. Students are provided two 5-minute periods to eat food with a low glycaemic index (GI). These foods release glucose into the blood stream more constantly over a longer period, unlike foods with a high glycaemic index, such as sugary foods which provide an immediate 'energy hit' and then leave the brain and body feeling tired and listless. Foods with low GI include: yoghurts, fresh and dried fruits, nuts, multi-grain and wholemeal breads/crackers, vegetables and cheese.

**Healthy Hints**

**Did you know?**

We do not need to add sugar and eat sweet tasting foods. All the sugar our body needs comes from foods like bread, potato, cereals, milk and fruit.

**What can you do?**

- Gradually reduce the amount of sugar you use until you learn to like the natural flavours of food. Always taste food before you add sugar.
- Check food labels for sugar before you buy processed food. Try to choose no-added sugar products. Learn to recognise and avoid hidden sugars, e.g. glucose, cane sugar, honey, maltose, treacle, sucrose, corn syrup, raw sugar, modified corn starch, malt, dextrose, fructose and ‘natural sugar’.

**WOOLWORTHS EARN AND LEARN**

Over the next week, there is the opportunity to earn 2 bonus stickers when you purchase any products from the following participating brands until August 22nd. Some of the participating brands include Airwick, Australia’s Own, Bega, Cold Power, Finish, Mr Kipling, Nature’s Way, Tamar Valley, Uncle Tobys, Vanish and Yumix. Keep on collecting, every little bit helps.

**Tuckshop Roster**

<table>
<thead>
<tr>
<th>Date</th>
<th>Wed 16.08.17</th>
<th>Fri 18.08.17</th>
<th>Mon 21.08.17</th>
<th>Wed 23.08.17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Terrie Davies</td>
<td>Amanda Maguire</td>
<td>Michelle Keris</td>
<td>Renay Young</td>
<td>Amanda Maguire</td>
</tr>
<tr>
<td>Michelle Keris</td>
<td>Amanda Maguire</td>
<td>Michelle Keris</td>
<td>Renay Young</td>
<td>Terrie Davies</td>
</tr>
<tr>
<td>Cressa Little</td>
<td>Michelle Keris</td>
<td>Amanda Maguire</td>
<td>Renay Young</td>
<td></td>
</tr>
</tbody>
</table>

**UNIFORM SHOP**

Please be aware that the Uniform Shop is open on: Monday and Wednesday — 8:30 to 9:00am

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**WHITE LOTUS**

Hair and Beauty Chinchilla

**SUPA IGAR CHINCHILLA**

**SUPPORT YOUR SCHOOL’S P&C**

**BE A VOLUNTEER!**

**IT'S A GREAT WAY TO MEET NEW FRIENDS**