CSS Athletics Carnival

Yesterday we had our field events all organised into 1 day of activities. In previous years it has been over the course of a week, with only selected students participating.

This year we made a bold move to have all students have the opportunity to participate in all events. Also, by having it as a day event we also had a large number of parents show up and support their students—so great to see.

Also starting this event, we have decided to give out first, second and third place ribbons for all events. I found this to be really rewarding and actually found that students competed harder for a ribbon.

I wish to give a massive thank you to all who helped. Parents who helped out measuring, marshalling and other, thanx so much. The day wouldn’t have worked without the massive amazing efforts of all teachers. Their tireless efforts, lots who went 6 hours without a break. Couldn’t ask for anymore. Really happy.

Mr Magner also gave a whole day supervising the High Jump to make this day possible. Never before have I felt so supported.

Well done to all the students for giving it their best. Please see next week’s Bulletin for results.

Photos: Some of our students in action, having a go.
From the Principal’s Desk

Letters to Paediatricians

From time to time teachers are approached by parents to write letters of support for paediatric referrals. This is something our school continues to value as it not only links directly with improved student outcomes and support, but it also strengthens the relationship between the school and the family unit. At present we are receiving higher than normal volumes of these requests and as such I have begun the process of implementing a school-wide policy to support families, students and paediatricians with these endeavours.

In order to best support all stakeholders by providing the requested, most accurate information, I have informed all staff that from today forward the policy at Chinchilla State School for all medical and paediatric referrals is as follows:

First time referrals

In the instance where a child is being referred to a medical specialist for the first time, parents are encouraged to request the letter by discussing the student’s needs and well-being with the classroom teacher. This is best achieved through a parent teacher case conference, where the child’s needs can be discussed in great detail. Quite often these discussions can significantly add value to the teaching and learning process in the classroom, and all parties are fully aware of how he or she is progressing. The classroom teacher will then speak with either the Head of Special Education Services or the Principal, at which time further information will be gathered and the letter of referral will be compiled. Please note that it is the school policy to forward these letters directly to the paediatrician or specialist.

Ongoing appointments and check-ups

Our school is also very happy to support families by writing additional letters of support for on-going medical appointments, particularly if the school has noticed a significant change in a child’s well-being, academic positioning or other cognitive changes. Please note however, that I have informed all staff at Chinchilla State School that these requests come directly from the paediatrician or medical specialist. This measure has been put in place to ensure that the information being given directly addresses the request by the paediatrician or specialist, as opposed to just a general overview. In the instance where a follow up letter is being requested, parents are asked to ensure that the medical specialist contacts the school directly, either by phone or by emailing the Head of Special Education Services or Principal. These email addresses are available on request. Please don’t forget to let us know that you have asked your medical practitioner to contact the school, so that we ensure we look after the emails.

In summary, the school is very happy to support all students and families with medical referrals. First time referral requests come directly from the parents and a parent-teacher conference is held prior to the writing of the letter. All ongoing appointment referral letters are requested directly from the specialist.

Curriculum Corner with 4A

Last week we set off on our annual Toowoomba camp. Our first stop was at the Jondarang Woolshed. We began with some warm syrup covered damper followed by a village tour in the comfort of the old stables, powered by two trusty Clydesdales.

After learning all about the history of the woolshed and the once-large property, we were astonished by the obedient and hard-working sheep dogs during their demonstration. The whip cracking was a cracker of a show, especially when the teachers joined in to show off their talents.

The Cobb & Co. Museum didn’t disappoint with various displays including Play School, how Energy is generated and used, Megafauna and Minibeasts that had once roamed the Darling Downs and how Australians lived in the olden days. The students had very hands-on history lessons, being able to touch and explore for themselves, from dress ups in the play room to generating and using the low voltage electricity.

We finished the camp off with a spring, as we leaped and bounded across the Kondalilla on a sunny Friday.

This term in English, 4A are jumping back to the 1970’s through their reading of an historical account “Eliza Birt”. The text is centred around a young orphan and her little brother Tom, who learned to live off the streets of London. Through Eliza’s sentence of seven years transportation to New South Wales and her tough journey on the First Fleet, the students will expand on their knowledge of history from last term.

This term in Science, we are exploring forces, such as push, pull, gravity and friction. We have been learning how forces act on objects through playing many game contexts and challenges. We all successfully completed the “Walk it out game show”.

We look forward to a fun and productive term!

Class Attendance

Term 3 Week 2 overall class attendance:

Fry 9 – 96.71%  Grade 1 – 95.36%  Grade 2 – 85.41%  Grade 3 – 88.72%  Grade 4 – 63.66%  Grade 5 – 94.01%  Grade 6 – 90.75%  Target: 95%

Total days lost to absenteeism in Week 2 was 193 days.

Please ensure you are contacting the school everyday that your child is away from school.

Congratulations to 3D for the highest attendance percentage of 100%
**PBL Update**

This week’s value: Belonging
This week’s rule: I make people feel welcome.

A respectful, orderly, and safe school is the foundation for a successful learning environment. A child feels safe when they have a sense of belonging. This week in our value lessons, students will engage in activities and discussions on what it feels like to belong and how we can make others feel welcome in our school and classrooms. Students will learn what it looks like to accept others into their social groups or classroom.

Social acceptance is a need every human has, so unsurprisingly the need to feel welcome is present everywhere in the world. A school community is no exception in the need to feel welcome.

A warm and sincere welcome gives a sense of caring, makes people feel appreciated and raises a person’s self-esteem.

Showing your admiration is one way to promote a positive environment and helps people to feel welcome in that positive environment. When you admire something belonging to another person, it makes them feel happy about themselves. Everyone has positives, and it’s up to our school community to find them. In turn, these positives will be reflected back on Chinchilla State School.

Pay attention to others. The most powerful way to pay attention to someone is to listen attentively first, even ask questions, before you launch into a monologue answering every question they might never ask.

Never criticize, condemn, or complain. In personal relationships, the most harmful force of all is destructive criticism. It lowers a person’s self-esteem, makes them feel angry and defensive, and causes them to dislike you.

Be courteous, considerate, and considerate of everyone you meet. When you treat a person with courtesy and respect, they value and respect you more. By being concerned, you connect with their emotions. Consideration is the discipline to do and say things to people that are important to them.

These skills are not always inherent but are learnt from significant others in our life. Parents, teachers, grandparents, aunts, and uncles are often the significant adults in students’ lives. It is important for us to work together to help the students of Chinchilla State School to develop these skills, so they can be the best they can be.

Chinchilla State School’s P&C Association supports the PBL program in the school and has three representatives on the PBL Committee, Mrs Tarpa Kidd, Mrs Leanne Evans & Mr Steven Luckraft.

**Positive and Respectful Relationships**

Respect in relationships happens when you respect yourself and others.

Self-respect takes self-awareness, acceptance, and sometimes courage. It is about understanding your strengths and limits, and knowing what is important to you. It is also about being aware of your needs, understanding your ‘bottom line’ on certain things and making positive choices.

Can you remember a time when you felt it was important to take a stand on something that you didn’t think was fair or OK? You may have noticed yourself reacting to an injustice. Can you remember why it was important to you? This can tell you something about your values and your ‘bottom line’ on things.

For example, you might want to hang out with the ‘cool group’, but find that they get a kick out of putting people down. If you really don’t agree that this is OK, then it is true to yourself if you might decide to speak up or leave.

Sometimes you may have to work on how you view and feel about yourself. Counseling or talking to someone you trust can help with this.

The next step is respecting others. This doesn’t mean you have to admire or like everybody, it’s more about treating others with consideration and fairness. They may not always reciprocate and treat you with the same respect, however, you know the way is a good start.

[https://kidshealth.org/teens/tips/building-respectful-relationships/](https://kidshealth.org/teens/tips/building-respectful-relationships/)

**Mobile Women’s Health Service**

Mobile Women’s Health Service is a free and confidential health service for women living in rural and remote areas. Services are provided by specially trained nurses.

If you would like to make an appointment to see the Mobile Women’s Health Nurse at the following venue, please telephone the number listed:

- **Date:** 18 & 31 August
- **Time:** 9am-2pm
- **Venue:** Chinchilla Health Service (Hospitl)
- **Appointment Bookings:** 4662 3333

**Value Champion recipients from Prep at yesterday’s assembly.**
WOOLWORTHS EARN AND LEARN

It is on again, as of Wednesday, 26th July our school will be taking part in Woolworths Earn and Learn. So please show your support by helping to collect the stickers.

Remember to collect your stickers and place them on the Earn—an—Learn sheets. Once you have completed a sheet, bring it into the front office and place it into the GREEN Earn—an—Learn box located in the front foyer before it closes on Friday, 15th September 2017 (end of term).

Upon redemption, the school can choose resources for our school, these resources are very welcomed and appreciated by all.

So please help our school by continuing to collect as many sticker sheets as possible to buy the children.

Chappy’s Corner

There are a few things that happen during winter, the temperature drops and the air becomes dryer. When this happens our bodies become dryer because we often don’t drink as much water in the cooler months. Our bodies tell us to drink more water in the summer because it is hot and our bodies thirst for water. The heat makes it impossible for us to go without water for any longer than a few hours.

Our bodies are made up of around 70% water, we need to keep our bodies hydrated all year round regardless of the temperature. It is common for people to not drink enough water in the winter. Some of the symptoms of dehydration during the Winter are, dry lips and skin, headache, dry cough, nosebleeds and acne. Below is the recommended daily amounts of fluid to keep our bodies hydrated.

- 5 To 8 year olds (1 litre) or 5 glasses
- 9 to 12 year olds (1.5 litres) or 7 glasses
- 13 + years (2 litres) or 8 Glasses

From Your Chaplain Annette Cousin

Tuckshop Roster

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<thead>
<tr>
<th>Wed 26.07.17</th>
<th>Fri 28.07.17</th>
<th>Mon 31.07.17</th>
<th>Wed 2.08.17</th>
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<tbody>
<tr>
<td>Terrie Davies</td>
<td>Amanda Maguire</td>
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<td>Carissa Liddle</td>
<td>Michelle Kerin</td>
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<td>Amanda Maguire</td>
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<tr>
<td>Fri 4.08.17</td>
<td>UNIFORM SHOP</td>
<td>Please be aware that the Uniform Shop is open on: Monday and Wednesday — 8:30 to 9:00 am</td>
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IMPORTANT DATES: Jul/Aug 2017

- Regional Girls Rugby League: 21st July
- Josh Arnold visiting: 25-26th July
- CSS Cookies: 10-10.30 am: 26th July
- QSS Football—Wide Bay: 27th—28th July
- Australian Mathematics Competition: 27th July
- District Cricket: 31st July
- ICAS English Competition: 1st Aug
- Instrumental Music Meeting @ 4 pm: 1st Aug

P&C News

If you have an hour to spare to help raise funds in support of the kids of the Chinchilla State School, please call, text or email: Trish Leddington-Hill, 0407 498 554, trishledhill@gmail.com, or leave you contact details at the school office.

We are running our annual weekend fundraiser on the Saturday 5th & Sunday 6th August 2017. We need lots of helpers before, during and after the event.

We are still looking for helpers for all manner of activities – please make contact to see if there is something you would be interested and able to do! A huge thank you to those that have already offered help!!

Reminder — non-returned Raffle Tickets now overdue

For those that have been selling raffle tickets for the Multi-Draw Raffle, if you haven’t already done so, please remember to return money for tickets sold, completed ticket butts and uncolld tickets in an envelope (with eldest CSS attending child’s name written on envelope) to the white P&C box in School Front Office waiting area. Raffle Coordinator, Bel Keating (0429 069 051), will be following up any outstanding tickets. Thank you for your support!